

Title: Renewing Your Strength

Text: Isaiah 40:29-31

Topic: Renewal, Comfort

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File Under: Devotional



One of the greatest of all spiritual truths is “God can and does bring _____ .

He who gives life is He who can also _____.

THE NEED FOR RENEWAL

All living things need to be _____. ... it’s called the Law of _____.

Regardless of how young you are right now, regardless of how apparently inexhaustible your energy supply and vitality may be right now, these in time will give way to _____.

THE SOURCE OF RENEWAL

The Hebrew word translated “wait” comes from a root word that literally means, _____.

To wait upon the Lord is to be _____ to the Lord

We become spiritually weary when we become spiritually_____.

Physically, the less you eat the _____ you desire.

Spiritually, the less you eat the _____you desire

To “wait” also means to _____ .

A “waiter” or a “waitress” who waits tables..._____ the people at the table.

THE RESULT OF RENEWAL

*³¹ But those who wait on the LORD will find new strength. They will **fly** high on wings like eagles. They will **run** and not grow weary. They will **walk** and not faint.”*

For Further Reflection: When have you most recently felt like God must have lost your address or phone number? What fears and thoughts arose in your mind? How might the truths of Isaiah 40 help restore strength to you? Practically and theologically, how does one soar like an eagle? Compare verse 31 with Exodus 19:4 and Deuteronomy 32:10-11. How is learning to hope in God (vs. 31) like a fledgling bird learning to fly? How has God “caught” you when you have fallen instead of flying?